

GP 24/7

Even when we are closed you always have access to GP Services, 24 Hours a Day, 7 Days a Week.

GP Services are available day and night. If you need to contact a GP after our normal surgery hours you should call NHS 111 by dialing 111.

REMEMBER A&E IS FOR EMERGENCIES ONLY

Your local GP should be your first point of contact if you have a health problem which you can't treat yourself and is not an emergency. We offer a 24/7 service which offering you treatment, advice and medical care whatever time of the day or night.

How to access your GP out of hours service

When the normal daytime surgery hours are over, you can access the GP out of hours service by calling your NHS 111 by dialing 111.

What the out of hours service provides

The out of hours GP service can provide you with medical advice on health issues which require immediate attention and cannot wait until normal GP surgery opening hours. This service is accessed via NHS 111.

How to decide if you need to be treated by your GP or at A&E

A&E departments treat people for serious injuries and illnesses which require emergency treatment. You should visit A&E or call 999 for emergencies such as severe chest pain, breathing difficulties and heavy loss of blood. If you are still unsure of which service to use call your GP or NHS 111 to ask for advice.

The benefits of using the out of hours service

The NHS 111 service gives you immediate telephone advice for urgent health problems, directing you to the best service for your needs, whether it is a visit or advice from the out of hours doctor or a visit to A&E.

What to do if you are not registered with a GP

It is important that you are registered with a GP so you can receive medical help when you need it. You can visit our walk in centres: South Bristol Urgent Care Service at South Bristol Hospital and Broadmead Medical Centre located inside Boots. Your local Pharmacy can also give you advice on a wide range of health matters and help you decide whether you need to see a doctor.

GP, Walk-in Centre, Pharmacy or A&E?

The checklist below will help you decide which health service you should use depending on your medical issue.

Unconsciousness, severe chest pain or suspected stroke:

Call 999

Burns, heavy blood loss, broken bones or difficulty breathing:

Go to A&E

Sprains, strains, minor head injuries or eye infections:

**Minor Injury Unit
Southmead Hospital**

Minor cuts, injuries or strains, minor skin complaints, rashes or burns go to the Urgent Care Centre at South Bristol Hospital, Hengrove Promenade, Whitchurch.
Tel no: 01173429693

**Urgent Care Centre
South Bristol Hospital**

Infections, concerns during pregnancy, health checks, minor illness, flare up of a long standing illness or skin complaints:

**GP Surgery or
Out of Hours via
NHS 111**

Minor ailments including coughs colds, stomach upsets, aches and pains, sprains, emergency contraception (free for < 25's):
Call NHS Direct 0845 46 47 or visit www.nhs.uk to find your Nearest Pharmacy.

Pharmacy

Everyday illnesses such as colds and coughs, sore throats and mild pain: Speak to your Pharmacist for advice on the correct medicines to use or go online at www.selfhelpguide.nhs.uk

Self Care
